

**Uitslag LAC deel 4
07-02-2016 te Papendrecht (25m baan)**

| | | | | | | | | |
|---|------------------------|----------|----------|-------------|-------------|-------------|-----------------|-----------------|
| Progr nr: 1 400m vrij j. minioren 3 / 4 | | | | 50m | 100m | 200m | Eindtijd | |
| 3 | Sem Kindt | 7.59.55 | 06-00475 | 0.43.81 | 1.35.41 | 3.25.12 | 7.05.91* | |
| Progr nr: 2 800m vrij j. minioren 5 / 6 | | | | 200m | 400m | | Eindtijd | |
| 1 | Jay de Vries | 11.14.35 | 04-00669 | 3.06.81 | 5.03.96 | | 10.15.17* | |
| <i>50m: 0.32.74, 100m: 1.10.19, 200m: 3.06.81, 400m: 5.03.96</i> | | | | | | | | |
| 3 | Timo Kock | 11.54.26 | 04-00387 | 2.36.48 | 5.23.29 | | 10.47.45* | |
| <i>50m: 0.35.39, 100m: 1.14.57, 200m: 2.36.48, 400m: 5.23.29</i> | | | | | | | | |
| Progr nr: 4 200m wissel m. min. 5 / jun. 1 | | | | 50m | | | Eindtijd | |
| 1 | Rinske Bouman | 2.48.58 | 04-00578 | 0.35.60 | | | 2.46.68 | |
| 2 | Asha van Lobberegt | 3.02.10 | 05-00088 | 0.38.53* | | | 2.59.03* | |
| 5 | Isis Naaktgeboren | 3.09.05 | 04-03914 | 0.40.74 | | | 3.08.72 | |
| 6 | Juliette Boon | 3.13.41 | 04-01908 | 0.45.60 | | | 3.10.67 | |
| 8 | Jessica Kras | 3.14.59 | 04-00728 | 0.43.99 | | | 3.12.77 | |
| 10 | Isa Maes | 3.20.38 | 05-00110 | 0.43.59* | | | 3.15.37* | |
| 13 | Larissa Punt | 3.48.40 | 05-01814 | 0.47.89* | | | 3.34.34* | |
| Progr nr: 5 1500m vrij j. junioren 1 / 2 | | | | 100m | 200m | 400m | 800m | Eindtijd |
| 2 | Stijn den Otter | 23.52.56 | 02-00225 | 1.12.33 | 2.32.40 | 5.14.97 | 10.43.17* | 20.18.36* |
| <i>50m: 0.33.87, 100m: 1.12.33, 200m: 2.32.40, 400m: 5.14.97, 800m: 10.43.17</i> | | | | | | | | |
| 3 | Julian Stok | | 03-00071 | 1.16.40 | 2.39.54 | 5.32.00 | 11.14.85* | 20.46.74 |
| <i>50m: 0.36.22, 100m: 1.16.40, 200m: 2.39.54, 400m: 5.32.00, 800m: 11.14.85</i> | | | | | | | | |
| 5 | Daniel Stok | | 03-00569 | 1.21.79 | 2.49.62 | 5.48.33* | 11.46.75 | 21.54.65 |
| <i>50m: 0.39.22, 100m: 1.21.79, 200m: 2.49.62, 400m: 5.48.33, 800m: 11.46.75</i> | | | | | | | | |
| 8 | Jeffrey Weeda | 23.24.56 | 02-00227 | 1.20.00 | 2.49.60 | 5.56.25 | 12.13.60* | 22.18.62* |
| <i>50m: 0.38.04, 100m: 1.20.00, 200m: 2.49.60, 400m: 5.56.25, 800m: 12.13.60</i> | | | | | | | | |
| 10 | Mike Vermeij | | 02-02189 | 1.26.13 | 2.58.22 | 6.02.33 | 12.22.33 | 23.40.03 |
| <i>50m: 0.41.13, 100m: 1.26.13, 200m: 2.58.22, 400m: 6.02.33, 800m: 12.22.33</i> | | | | | | | | |
| 13 | Lorenzo Punt | | 03-02923 | 1.28.20 | 3.07.70 | 6.30.23 | 13.18.77 | 24.56.67 |
| <i>50m: 0.40.77, 100m: 1.28.20, 200m: 3.07.70, 400m: 6.30.23, 800m: 13.18.77</i> | | | | | | | | |
| Progr nr: 6 2000m vrij heren mix | | | | 400m | 800m | | Eindtijd | |
| <i>JJUN3/4, JJEU1/2, JSEN1EE</i> | | | | | | | | |
| 2 | Sybe de Waard | 28.05.94 | 99-00139 | 5.01.18 | 10.11.22 | | 25.49.46* | |
| <i>50m: 0.33.16, 100m: 1.09.92, 200m: 2.26.51, 400m: 5.01.18, 800m: 10.11.22, 1500m: 19.17.12</i> | | | | | | | | |
| 4 | Rainier Voll | 25.48.94 | 98-00365 | 5.10.70 | 10.29.20 | | 26.13.10 | |
| <i>50m: 0.35.28, 100m: 1.12.54, 200m: 2.31.60, 400m: 5.10.70, 800m: 10.29.20, 1500m: 19.47.21</i> | | | | | | | | |
| 2 | David Kras | | 01-03253 | 5.14.95 | 10.38.86 | | 26.41.32 | |
| <i>50m: 0.35.70, 100m: 1.14.22, 200m: 2.33.03, 400m: 5.14.95, 800m: 10.38.86, 1500m: 20.04.19</i> | | | | | | | | |
| 6 | Esper Paans | | 01-00607 | 5.28.17* | 11.15.06 | | 28.40.25 | |
| <i>100m: 1.09.79, 200m: 2.38.38, 400m: 5.28.17, 800m: 11.15.06, 1500m: 21.29.21</i> | | | | | | | | |
| | Robin Stok | | 01-00217 | | | | AA | |
| AA : Gestart voor startsignaal bij de 1e(1 start regel) of 2e start. | | | | | | | | |
| Progr nr: 7 400m wissel dames mix | | | | 50m | 100m | | Eindtijd | |
| <i>MJUN2/3, MJEU1/2, MSEN1EE</i> | | | | | | | | |
| 2 | Jana Plaisier | 5.54.41 | 01-01266 | 0.33.74 | 1.13.74 | | 5.37.45* | |
| 5 | Naomi van Ballegooijen | | 03-03102 | 0.39.98 | 1.28.84 | | 6.12.78 | |
| 6 | Sanne de Roo | 5.58.84 | 95-01934 | 0.38.09 | 1.26.73 | | 6.19.00 | |
| 9 | Lisanne Weeda | 6.53.03 | 00-00208 | 0.38.93 | 1.27.62* | | 6.29.81* | |
| 8 | Larissa Paans | 6.23.14 | 98-03226 | 0.39.90 | 1.29.34 | | 6.39.54 | |
| 12 | Layla Middelkoop | 6.44.71 | 00-00596 | 0.42.32 | 1.35.23 | | 6.46.14 | |